

**Monster Dash 5k**

Hosted by Finish Vertical & Harlan Tourism

Friday, October 20th, 2023

7:30PM Harlan Center



**Registration & Fees:**

Pre-Register \$15.00 by October 19th, 2022

Day of Race: \$20 (No T-Shirt guarantee after October 13th)

This will be a timed race and there will be medals for age divisions including 12 and under, 13-18, 19-29, 30-39, 40-49, 50+ in both male and female. There will also be an overall male and female winner.

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_

Sex: (Circle one): Male Female TSHIRT SIZE: \_\_\_\_\_

Age (As of 10/20/23') \_\_\_\_\_ Birthdate: m. \_\_\_\_\_ d. \_\_\_\_\_ y. \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Fill out completely with entry fee payable to:  
Harlan Tourism PO BOX 489, Harlan, KY 40831  
For any questions please contact us at (606)573-4495

**Monster Dash 5K RELEASE:** I know that running in races can be a potentially hazardous activity. I should not enter and run in the Monster Dash 5K unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete the 5k. I assume all risks associated with running, walking, jogging, and/or volunteering to participate in the aforementioned run, including but not limited to falls, humidity, ice and snow, the condition of the road and traffic on the course, or any other risks presented in the 5k. All of these risks are known and appreciated by participants. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release the City of Harlan Tourist and Convention Commission, City of Harlan, and Finish Vertical, any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose. Remember that we reserve the right to remove anyone from the race who exhibits poor conduct or is abusive toward our volunteers.

\_\_\_\_\_  
Signature of participant (If under 18, parent's signature)

\_\_\_\_\_  
DATE